



Affiliated with

Bushwalking Victoria

Box 2446 GPO Melbourne 3001
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Issued free to members.

CIRCULAR

www.melbournewalkingclub.org

REG. No. A657P

MARCH 2017

MARCH WALKS

Wednesday	1	Bendigo - East of Railway	Jim Cone
Monday	6	Baldry Crossing	Doug Connell
Wednesday	8	Scoresby - Ferntree Gully	Richard Bowen
Sunday	12	Upper Yarra Trail	Steuart Meers
3rd Wed	15	Hurstbridge Heritage Walk	Travis Clark
Monday	20	Carrum Bike Ride	David Watkins
Wednesday	22	Upper Ferntree Gully Circuit	Oliver Lucas
Sunday	26	Bullarto - Mount Wilson - Bullarto	Peter Hiscock

Copy for April to: David Ikin - Phone: 9878 6301

email: david.ikin.mwc@gmail.com

by the 1st Wednesday in the month, 1st March

Circular Preparation: 3rd Thursday - 16th March at 2:00 pm

Venue: John Horan's home at 9 Oxford Street, Malvern 3144.

Bushwalking News Victoria (BNV)

The Melbourne Walking Club is affiliated with Bushwalking Victoria which publishes a monthly "**Bushwalking News**" on the Internet. For those interested, the Current and past BNV's can be read from their web page at:

<http://www.bushwalkingvictoria.org.au/what-we-do/publications/newsletters>

FIRE BAN DAYS & EXTREME CONDITIONS

If a day of TOTAL FIRE BAN is declared in a walk area, all outdoor activities are CANCELLED in that area.

On other days of extreme weather conditions the leader may cancel the activity at his discretion.



Talk Over Lunch

All members are reminded of the regular social event which occurs on the **2nd Tuesday of each month (except January)** at the **Charles Dickens Tavern Bistro**, in the basement of 290 Collins Street Melbourne, at **11:45 for 12:00**.

Barry Revill, Phone: 9555 1114 or email: barryrevill@bigpond.com

The Donna Buang Hut

The Donna Buang Hut is available for use by members and their family and friends at most times of the year. You may choose to visit either for the day or an overnight stay. The Hut is in terrific condition. It's bright, clean and tidy. The only restricted times are days of total fire ban or high risk of fire.

For bookings contact Barry Revill on 9555 1114 or at email barryrevill@bigpond.com

Laugh With Lance

Age is a case of mind over matter - If you don't mind it doesn't matter.

Member Details

Ian Bell's email address is bellian500@gmail.com

Tales from the Campfire

I'm passing this on because it worked for me today.

A Doctor on TV said to have inner peace we should always finish things we start and we all could use more calm in our lives.

I looked through my house to find things I'd started and hadn't finished, so I finished off a bottle of Merlot, a bottle of Chardonnay, a bottle of Baileys, a bottle of wum, the remainder of Valiuminunpscriptuns, and a box of chocletz. Yu haf no idr how feckin fablus I feel rite now.

Sned this to all who need inner piss. An telum u luvum. And two al hve a Marry Crispmouse Xx

Barry Revill

MARCH PROGRAM

Wednesday 1 March Bendigo - East Side of Railway

Leader: Jim Cone

Phone: 9560 8175

Rendezvous: 9.56 a.m. at Bendigo Railway Station

Map : Wilkins Bendigo Tourist map

Grading: Easy/Medium

Distance: 12 km.

Transport: 7.41 V/Line Bendigo/Eaglehawk train ex Southern Cross, arriving Bendigo at 9.56. Seniors Off-Peak Concession; or Seniors voucher (MYKI = \$20.16 return); Return train from Bendigo at 1.36, 2.38, or 2.56.

Morning Tea: On the train.

Walk Details:

An easy to medium walk with some low hills up to, and including, the Goldfields Track. Firstly along Spring Creek, then to Diamond Hill lookout for lunch: typical dryland open forest.

Notes: Good views, some wildlife.

If attending - secure an updated V/Line timetable as changes have been made and may continue. Appreciate that Bendigo is in a different Fire Zone from Melbourne; so that a fire ban can occur in Bendigo even if not in Melbourne. Bookings and tickets should be secured ahead of time: a pleasant day out in Bendigo would include lunch but without the walk - that is: if a fire ban were declared between the time the tickets were bought and the walk event.

Monday 6 March Baldry Crossing - Gwenmarlin Road

Leader: Doug Connell

Phone: 9807 1957

Rendezvous & Morning Tea: 9.45 at Baldry Crossing, Melway 254 G6.

Map: Melway 254.

Grading: Medium.

Distance: 13 km

Transport: Private car.

Walk Details: From Baldry Crossing we walk along Baldry Road to Meakins Road, then Gwenmarlin Road and enter Greens Bush. Return to start. This is a pleasant country walk along tracks beside the roads, then a bush walk and hopefully see some wild life.

Wednesday 8 March Upper Ferntree Gully - Knox City S. C.

Leader: Richard Bowen

Phone: 9701 2925

Rendezvous: 9.50 at Upper Ferntree Gully station.

Maps: 74, 65, 64

Grading: Easy

Distance: 11 km

Transport: 8.56 Belgrave train ex Flinders Street, arriving at Upper Ferntree Gully at 9.48.

Morning Tea: Kings Park, UFG, Melway 74 D6.

Walk Details: Follow railway line to just after FTG station and through the underpass to follow Blind Creek to Knox City shopping centre.

Notes: Several WCs and escapes. Check train times because of works on the line.

Sunday 12 March Upper Yarra Trail - Big Pats Creek Circuit

Leader: Stuart Meers

Phone: 9852 9121, 0413 830 008

Rendezvous & Morning Tea: 10:15 for morning tea, walk will start around 10:30.

Transport: Private car.

Grading: Medium

Distance: 11.5 km

"Travel to Warburton and continue through on the Warburton Hwy (Woods Point Road). Past the IGA turn right at the Seventh Day Adventist Church into Riverside drive, and keep to the left fork (Kellys Road) which then rejoins Riverside Drive. After a total distance from the highway of about 3.4kms turn right into Big Pats Creek Road and follow this for 2.9km, then turn right into Smythe Creek Road and take the right fork to Richards Curves Carpark. Park and walk down to Big Pats Creek Picnic area."

Walk Details: A generally easy walk through dense rain forest on well-made tracks, around the pristine Big Pats Creek. The initial outward walk is a gentle constant climb through rainforest and to an elevated walk above the tree fern tops. The return walk has a step descent on a rough clay trail with deep ruts (can be a little slippery in places), which then flattens to walk back through the forest and then onto a wide track.

Note: Toilets at start and finish of the walk.

3rd Wednesday 15 March Hurstbridge Heritage Walk

Leader: Travis Clark

Phone: 9874 6326, 0407 272 333

Rendezvous: Hurstbridge Railway Station at 10.22 or later at morning tea.

Morning Tea & Lunch: at Fergusons Paddock BBQ & Shelter. Melway 185 K8

Maps: Mel. 185 & 263 Grading: Easy* Distance: am 4km pm. 1km.

*Some very short uphill walking. Packs may be left in leader's car.

Transport: 9:00am Hurstbridge train ex Flinders Street [platform 1] arrives Hurstbridge 10:22am. Leader will meet train. The heritage walk will start after a walk to morning tea spot and return to Station. Return trains in pm 40 min service.

Car: Park near Fergusons Paddock and wait at Shelter or walk to join Station walkers if you want more exercise.

Walk Details: am Usual walk information sheets will be available covering a series of 28 plaques which we will visit along the way. Walk with heritage comments **commences at Station after morning tea**. Points of interest are not far apart.

pm Walk to complete scheduled list of sites (if any left) and back to Station.

Monday 20 March Bike Ride From Carrum

Leader: David Watkins Phone: 9870 3782 or 0414 547190

Email: mdwatti@bigpond.net.au

Distance: Decide on day but no further than 30km

Maps:

Ride A: Melway: 97, 99, 100 103 107,106 or

<http://www.peninsulalink.com.au/Images/ContentEditor/Documents/Shared%20Use%20Path%20Info%20Sheet.pdf>

Ride B: Melway 97, 93, 92, 87,86.

Transport: 9.24am Frankston Train ex Flinders Street arrive Carrum 10.17 or by own transport.

Rendezvous & Morning Tea: 10.30am in Car Park at Paterson River Boat Launching Ramps at end of Launching Way- Melway 97 E6.

Train Arrivals: Proceed North along Station Street towards Patterson River, then turn right along river to rendezvous point.

Lunch/ Refreshment: To be decided on day

Ride Details:

Ride A: We shall ride South along the Peninsula Link sealed bike trail through Seaford wetlands, The Pines reserve, to the McClelland Gallery Park for lunch stop, then return along same route.

Ride B: Ride North Past Edithvale wetlands to Mordialloc then along bike track following coast North to suitable lunch spot, return along same route.

Wednesday 22 March Upper Ferntree Gully - Bellview Terrace - Upper Ferntree Gully

Leader: Oliver Lucas

Phone: 9571 6865

Rendezvous: 9.22 at Upper Ferntree Gully station.

Maps: Melway 74 A15 Grading: Medium/Hard Distance: 13 km

Transport: 8.30 Belgrave train ex Flinders Street, arriving Upper Ferntree Gully station at 9.22.

Morning Tea: In Upper Ferntree Gully Park at second picnic shelter.

Walk Details: From School Track up Belview Track, then various tracks, finishing at Ferntree Gully station (or Upper Ferntree Gully station if some wish).

Notes: A strenuous walk in parts with no escapes. Toilets at morning tea - then bushes.

Sunday 26 March Bullarto - Mount Wilson - Bullarto

Leader: Peter Hiscock

Phone: 5341 3220, 0408 337 696

Rendezvous & Morning Tea: The walk will commence from the Bullarto Railway Station on the former Woodend - Daylesford line. Bullarto Station is very close to the main Daylesford Road (C317) and reached by a dirt road. It is set among giant Cedar and Elm trees. There is a sign on the main road (follow the arrow).

Assemble at 10 am with morning tea on the station.

Walk Details: Gentle secondary roads and well formed tracks will be taken to the point where a track to the Mt Wilson summit leads off Roachs Road. A 4WD track to the summit will be followed up a rising (but not severe) grade. On the return a loop utilizing Franze track will be taken through forest country and then linking with our outbound track. This loop can be avoided by those wanting to return directly.

Notes: The walk offers a mix of agricultural land, regrowth forest and some stands of magnificent gums pre dating settlement. Bring water for the day. Coffee break on the way home at Lyonville Pub.

Distance: 10–14 km

Please ring leader if attending. Phone: 5341 3220 or 0408 337 696

Monday 27 March Hawthorn - Fairfield

Leader: Oliver Lucas

Phone: 9571 6865

Rendezvous: 9.42 at Hawthorn railway station.

Maps: Melway 45, 44, 30. Grading: Easy\Medium Distance: 10 km

Transport: 9.30 Blackburn train ex Flinders Street, arrives Hawthorn station at 9.42.

Morning Tea: Approx. 10.00 at Denham Street Park, Melway 44 J9/10.

Walk Details: Walk along the Yarra with good views of the river and the city. A few slight hills and a couple of narrow tracks.

Notes: Toilets at morning tea, lunch and en-route. Escapes available.

Wednesday 29 March South Morang - Diamond Creek - Eltham

Leader: Gordon Proudfoot

Phone: 9717 8322, 0405 083 074

Rendezvous: 9.28 at Greensborough station.

Morning Tea: 10.15 Armstrong Road (at BMX track), Melway 184 A12. There is no seating, shelter or toilets.

Maps: 183, 184, 11, 12, 13. Distance: Long 14.5 km, short 9 km

Grading: To lunch there are some hills but virtually flat after lunch.

Transport: 8.40 Eltham train ex Flinders Street platform 1, arriving at Greensborough at 9.28, then #901 bus (Melbourne Airport) to Armstrong Road. Leader will meet walkers at Greensborough station.

Walk Details: The morning walk is along quiet back roads with some hilly sections. Lunch is at Campbell Street Reserve, Melway 11 K11. There are toilets, seating and a BBQ. There are numerous escapes during the morning but none after lunch.

APRIL PROGRAM

Sunday 2 April Gembrook State Forest

Leader: Michael Corrigan

Phone: 9225 8137

Monday 3 April Sorrento-Portsea Ramble

Leader: Ian Bell

Phone: 5932 1727

Rendezvous & Morning Tea: 9:45 at Sorrento Park, Hotham Road near Pt. Nepean Road.

Map: Melway 157 B7

Grading: Medium

Distance:10-12 km

Walk Details: Front and back beaches.

Tuesday 4 April Cardinia - Berwick

Leader: Miles Pierce

Phone: 9890 8319

Friday 7 April to Sunday 9 April A Long Weekend in the High Country based at Mount Beauty

As advised in last month's Circular a long weekend has been organised in the Victorian High Country based near Mt Beauty at Tawonga South.

Walks will be arranged each day under the leadership of former Club President and local resident, Ian Smith.

To date nine people have expressed interest in coming and shared cabin accommodation has now been booked. There are still vacancies but a definite commitment is now required from anyone else wishing to come.

**Please contact Kim Rosen by email on:
kimtjrosen@yahoo.com or 0422 804 816 if you would like to come.**

Wednesday 12 April Kalorama - Bayswater

Leader: Graeme Barker

Phone: 9874 6938

3rd Wednesday 19 April Studley Park

Leader: Jim Cone

Phone: 9560 8175

Sunday 23 April Lerderderg Gorge South

Leader: Chris Thomson

Phone: 9836 1231

Monday 24 April Kensington - Essendon

Leader: Bill Woods

Phone: 9370 7268

Wednesday 26 April Carrum - Patterson River - Mordialloc

Leader: Stephen Pfundt

Phone: 0434 199 736

Bushwalking Tips – Hiking in Hot Weather

1. **Pick the right trail.** Plan ahead. Considerations include: forecast temperature(s), shade, water, altitude, strenuousness of the route, length of route.
2. **Start early in the day** – perhaps at dawn. Take it easy. Be aware of the hottest times of the day for the area in which you are walking. If you are going to climb, try to arrange your walk so you do that in the coolest part of the day.
3. **Cover up.** Shield as much of your body as possible from the sun. Wear loose fitting, lightweight, breathable clothing. Protect your eyes. Protect the top of your head. Use sunscreen.
4. **Hydrate and stay hydrated.** Hiking in hot weather more than doubles the amount of water you need. The Bushwalking Victoria Facebook page includes 7 tips for staying hydrated.
5. **Stay salty.** Remember to rebalance those electrolytes so you don't run out of energy.
6. **Rest more often.** Rest in shade wherever possible to give your sweat time to evaporate and cool your body. Never miss a chance to go swimming.
7. **Wear appropriate footwear.** – Shoes/boots that are as light as possible commensurate with the track/pack weight requirements. Carry extra socks so that you can change socks to cool sweaty feet and reduce the risk of blisters.
8. **Know the signs of heat exhaustion and heat stroke.** At first signs, stop and find some shade and try to cool down ASAP. Start planning how to get off the track and to medical attention. Don't hesitate to call 000 if necessary.
9. **Carry DEET-based insect repellent** to fight off insects.

Hi All Volunteers

Parks Victoria has asked for help with track clearing on the AAWT, between Mt Wills Hut and Omeo Highway (approximately 6km in length).

When: Labour Day weekend, Friday 10th â Monday 13th March

(Arrive and set up Friday, work Saturday and Sunday, pack up and depart Monday)

There will be a variety of work to be undertaken, requiring a range of skills and experiences. Jobs include chain sawing, brush cutting, clearing of debris, cut and paint of blackberries and replacing/adding markers.

Ideally we would like 20-30 people with mixed skills, with only 3 or 4 people requiring chainsaw qualifications.

We will meet at the Omeo Historic Park beside Parks Victoria Office Main Street (Great Alpine Road) in Omeo at 12pm for lunch and leave at approximately 1.30pm for Mt Wills.

We will be camping at Mt Wills Hut and any vehicle that is AWD (Subaru) or 4WD should be able to travel along the maintenance track to the hut. If not, the vehicle can be left at the Tallangatta Ski Club.

You will need to bring your breakfasts, lunches, dinners and evening drinks. The Saturday evening meal will be a BBQ compliments of Parks Victoria.

For further information or to indicate your interest in coming along, please contact David directly.

David Miller

Project Co-ordinator, Bushwalking Tracks & Conservation

Email: davidmiller3199@gmail.com, Mobile: 0417 565 919

What's in a Name

When the name Mount Buggery first appeared on official maps as the title of a steep point on The Crosscut Saw walkers and others experienced a slight sense of disbelief. There was a general acceptance however that the title was apt, a view re-enforced after climbing it from either the northern or southern side.

There is circumstantial evidence that the name was first applied by a member of the Melbourne Walking Club, Stewart Middleton. During the 1934 Christmas period he and five members of the club walked along the Buckland-Buffalo divide to Mount Selwyn, fought their way through the dense scrub on the Barry Mountains to Mount Speculation, followed the Crosscut Saw to Mount Howitt and finished at Merrijig via the Howqua river. There were no tracks of any sort until they reached Mount Howitt and Stewart, perhaps not quite as fit as he could have been, was finding the going tough after the descent from Mount Speculation. Faced with the prospect of yet another laborious

climb he exploded with the words, "What a bugger! I'll call this mountain Mount Buggery".

There was general agreement amongst other members of the party that the name was appropriate and within the Melbourne Walking Club it came into general use. Other walkers used it and eventually it appeared on maps and official acceptance followed. **Alan Budge**

Extracted from ***Footsteps From The Past*** - A centenary publication of the Melbourne Walking Club Inc.

Ashes and a Lyrebird

Three weeks after a great Black Friday fire in January 1939, a mate and I decided to have a look at the country north of Noojee which, by all accounts, had been destroyed. We travelled by public transport and on alighting from the bus at Noojee we were aware instantly that newspaper reports of the destruction of that town were not exaggerations. Only the pub had escaped the conflagration. The Loch River valley was devastated, and on the Saturday night we camped on an ash heap by the river. The water was drinkable, but so thorough was the burning we had difficulty in finding sufficient wood for a cooking fire.

At one stage during the trip we followed a foot track we remembered as being through fine forest, dissected by beautiful fern gullies. The blackened trees, a few only managing to sustain some sign of life, and the burnt gullies saddened us. It seemed impossible that the area would ever be green again, although eventually there was recovery of a sort. While on the track we saw our only sign of wildlife - a solitary male lyrebird. He came into our sight at some distance, and from past experience we expected he would dash away. But no, the bird continued to scratch and scrape in the ash, and very seldom did his head drop to the ground to pick up a morsel of food.

We passed within two or three metres of the lyrebird and never for an instant did he stop the frantic searching, nor did he give us so much as a glance. It was obvious that the bird was starving. We continued on our way very conscious that men and women were not the only victims of the bushfires. **Alan Budge**

Extracted from ***No End To Walking*** - Published by Alan D Budge



Morning Tea at Brighton Beach

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Inc.

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