

May combined walk - Jetty on Lysterfield Lake

If undeliverable, return to: Melbourne Walking Club Inc.

Box 2446 GPO MELBOURNE VIC 3001

**Melbourne Walking Club Circular** 

Place Stamp Here





# In this edition ...

July Walk Details	4
August Program	9

# **JULY WALKS**

Monday	1 Jul Dromana & Red Hill	Les Littlejohn
Wednesday	3 Jul Alphington – McLeod	Charlie Freedman
Sunday	7 Jul Mt Donna Buang	Trevor Rosen
Wednesday	10 Jul Christmas in July lunch	Jenny Hosking
Sunday	14 Jul Cranbourne Botanic Gdns	John Gates
Monday	15 Jul Heatherdale – Jells Park	Doug Swinbourne
3rd Wed	17 Jul Eley Park, Burwood	Bruce Armstrong
Sunday	21 Jul Sixteen Beach Circuit, Rye	John Rankin
Monday	22 Jul Easy Metro: Glen Waverley	Oliver Lucas
Wednesday	24 Jul Williamstown Beach – Alton	a John Akerman
Wednesday	31 Jul East Camberwell	Doug Swinbourne

Copy for August to: Charlie Freedman - Phone: 0415 558 249

email: <a href="mailto:charliefreedman@yahoo.com">charliefreedman@yahoo.com</a> by the 1st Wednesday in the month, 3rd July.

# **Charles Dickens Tavern Lunch A Great Success**

The lunch held on Tuesday 14 May was a another success, with eight members attending.

These lunches are held on the 2nd Tuesday of each month (except January), in the Pickwick Room of the *Charles Dickens Tavern Bistro*, in the basement of 290 Collins Street Melbourne, at 12:00 noon.

Next lunch will be Tuesday, 9 July.

12 July 2024 July 2024

# **Laughter Is The Best Medicine**

I didn't make it to the gym today. That makes five years in a row.

# 2024/25 Subscriptions are due by 30 June 2024

Subscription rates are unchanged from last year.

Please pay promptly and avail yourself of the early payment discount.

Details are on the inside back page of this circular.



HELP US GROW OUR CLUB'S MEMBERSHIP BASE by joining the Melbourne Walking Club Facebook page — and then *inviting your own friends and family* to also join our page...!

It's a great way to encourage new members!

On our Facebook Page we post pictures from weekly walks, upcoming events for your diary, invites to potential members to come along as a



visitor, Mt Buller and Donna Buang
news, and so much more!

Please have a look - and Join NOW!!!



# Office Bearers 2023-2024

Club Executive

President: Kim Rosen General Committee: John Gates

Secretary: Neale Oxley
Charlie Freedman, &
Treasurer: Arthur Robertson
Terry Simpson

Treasurer: Arthur Robertson Activities Officer: Vacant

Membership Officer: John Rankin Immediate Past President: Trevor Rosen

**Sub-Committee Convenors** 

Mt Buller Lodge: John Gates Walter Briggs Hut: Trevor Rosen

Activities: Vacant

Membership: John Rankin Marketing: Terry Simpson

Walk Coordinators

Metro Walks: David Watkins, &

Doug Swinbourne 3rd Wed Walks: Graeme Barker

Bike Rides: John Rankin

Circular Editor: Charlie Freedman

Other Officers

Sunday Walks: Terry Simpson (Temporary) Easy Metro Walks: Gordon Proudfoot

Website Administrator: Charlie Freedman

Peninsula Walks: Ron Anderson

Sunday Peninsula Walks: Colleen Simpson

Generic email addresses to contact appropriate Club Members:

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editor@melbournewalkingclub.org
webmaster@melbournewalkingclub.org
walterbriggshut@melbournewalkingclub.org
activities@melbournewalkingclub.org

# **Bushwalking News Victoria (BNV)**

The Melbourne Walking Club is affiliated with Bushwalking Victoria which publishes '**Bushwalking News**' monthly. The Current and past BNVs can be read on their web page:

# https://bushwalkingvictoria.org.au/bushwalking-newsletter

# Social media blamed for increase in bush rescues

Across the ditch, NZ officials say online content is misleading tourists into attempting bushwalks they are ill-equipped for, leading to several rescues being mounted across the South Island. Wānaka Search and Rescue chairman Bill Day said nearby Mount Brewster is a popular example where the terrain turns from a "nice bushwalk" to requiring "advanced route-finding skills" very quickly.

"We're rescuing a lot of people, we've had someone die there and we've had people that if we weren't there, they wouldn't be home for Christmas" he told 1News. The problem is social media only showing the good bits, he said. "People want to show they've had a good day... and so they don't show the hard bits. People who have had a bad day there don't show it at all. "When you go online, you tend to see a "picturesque walk that ends up in a fabulous swim in a glacial lake," said Day. "It's not all that way." In the last year, volunteers mounted 10 rescues from the area.

So, the moral of the story is do your research and don't rely on Instagram and other social media to give you the full picture of a walk.

# 2024/25 Subscriptions are due by 30 June 2024, and are set out below with discounts available to members who wish to take them when paying.

2024/25 rates -- Within Victoria and aged under 80 years \$65

-- Outside Victoria or aged 80 years and over \$60

The following discounts apply:

Prompt Payment: \$5 (for payment by 30 June 2024). Emailed Circular (not by post): \$10 (for 12 months).

Note: Life Members and those who have been members for 50 years or more are not required to pay annual subscriptions.

Please send a cheque payable "Melbourne Walking Club Inc" to: Mr A Robertson, 45 Albany Cres, Aspendale, Vic, 3195.

By bank transfer to the Club's general account:

Account Name: Melbourne Walking Club Inc. BSB: 063-000. Account No: 1078 3218.

Please ensure that you clearly state your name on the transfer.

Arthur Robertson, Treasurer, MWC.

Wed 14 Aug Hoppers Crossing Circuit

<u>Leader</u>: Stuart Galloway <u>Phone</u>: 0421 560 031

Sun 18 Aug Portsea - London Bridge - Quarantine Stn

NB. You must contact the leader if you want to attend this activity.

<u>Leader</u>: Neale Oxley <u>Phone</u>: 0407 525 966

Mon 19 Aug Mount Martha to Safety Beach

Leader: Les Littlejohn Phone: 0409 400 302

3rd Wed 21 Aug Jack Roper Reserve, Jacana

Leader: Ingrid David Phone: 0478 858 156

Sun 25 Aug Trentham Falls Historic Walk and lunch at Trentham Hotel

NB. You must contact the leader if you want to attend this activity.

<u>Leader</u>: Terry Simpson <u>Phone</u>: 0400 037 291

Mon 26 Aug Easy Metro: Williamstown - Seaholme

<u>Leader</u>: Terry Keating <u>Phone</u>: 0418 149 032

Rendezvous: Williamstown station at 9:46 am (toilets)

Maps: Melway 56, 55, 54 Grading: Easy Distance: 10 km

Transport: 9.20 am Williamstown train ex Flinders St station, arriving at

Williamstown 9:46 am.

Morning Tea: BBQ area adjacent Williamstown Cricket ground (Melway

56 D11; seating, toilets, no shelter).

<u>Walk Details</u>: We follow the track along the Bay via Williamstown Beach, Jawbone Marine Sanctuary, Kororoit Creek and Altona Coastal Park to Sanctuary Saveral toilets along the way.

Seaholme station. Several toilets along the way.

Escapes: Maddox Rd (bus #415)

Wed 28 Aug Heatherdale- Dandenong & Tarralla Creeks - Croydon

<u>Leader</u>: Doug Swinbourne <u>Phone</u>: 0438 881 176

# MT BULLER LODGE

# Winter Season

June - September

Individual Bookings Only

# INC INC

You're welcome to invite family or friends:

- Member only Bookings open April 1st.
- Guest Bookings open May 1st.

The Lodge is located right at the village centre.

It sleeps up to 16

5 bedrooms (3 x 4 bed / 2 x 2 bed)

- each bedroom has its own en-suite bathroom.

Fully equipped kitchen and dining room, lounge, TV and table tennis rooms, deck and barbeque. A small supermarket is close by.

Winter Weekend Bookings: Members & Dependants -

> High Winter - \$119 / night Low Winter - \$112 / night

Visitors -

High Winter - \$184 / night Low Winter - \$177 / night

Winter Midweek Bookings: Members & Dependants -

> High Winter - \$107 / night Low Winter - \$101 / night

Visitors

High Winter - \$165 / night Low Winter - \$158 / night

To book simply visit the Club Website, click on Mount Buller and open the Mount Buller Booking page

An Unmissable MWC Member Privilege

Plan and book early to secure your preferred dates!



Come on up and stay for skiing, or a winter wonderland holiday in the club's Mt Buller Lodge.

Ski Room, Sports Room, Drying Room, Central Heating and more ...

10

3

# **JULY WALKS**

# Mon 1 Jul Dromana & Red Hill

<u>Leader</u>: Les Littlejohn <u>Phone</u>: 5987 2215; 0409 400 302

Rendezvous: Maryfield Lane opposite Dromana Drive-in, Melway 160 E5

at 10 am. This is a service road off the Nepean Highway.

Maps: Melway 160 &190. Grading: Medium Distance: 12 km

<u>Transport:</u> Private car. No public transport.

Morning Tea: At rendezvous; no facilities

Walk Details: This is a new walk. We will follow Shergold's Lane, a quiet country lane to Boundary Road. Then follows a long grind up Eaton's Cutting to Red Hill Consolidated School, the highest point of the walk. A roadside walking track leads to the Red Hill Showgrounds for lunch. Toilets available. After lunch we will follow Arkwells Lane, crossing Dunn's Creek then following walking track adjacent to White Hill Road to Harrison's Road. This is followed to Dromana Secondary College. We then pass through a bushland reserve to rejoin White Hill Road to Moat's Corner. From here it is a short walk back to the cars. Come along and learn of O.T, Passiflora Plantations and Dromana racecourse (last race 11/3/1927).

Escapes: None

# Wed 3 Jul Alphington - Darebin Ck - McLeod

<u>Leader</u>: Charlie Freedman <u>Phone</u>: 0415 558 249

Rendezvous: 9:30 am at Alphington Station (north side).

Maps: Melway 31, 19 & 20 Grading: Easy Distance: 11 km

<u>Transport</u>: 8:59 am Macleod train ex Flinders St, arriving Alphington at

9:28 am.

Morning Tea: In Darebin Parklands, about 15 minutes walk from Alphington Station (Melway 31 C9). Toilets, seating and shelter available.

<u>Walk Details</u>: A relatively flat, pleasant walk from Alphington Station, alongside the Darebin Ck, through La Trobe University, to Macleod Station. Walking is on paved paths. Lunch will be at La Trobe University (seating but no shelter). Toilets at morning tea and Macleod Station.

<u>Escapes</u>: Buses at Bell St, Southern Rd (Northland Shopping Centre), and La Trobe University.

<u>Escapes:</u> No useful escapes, but leader can advise on escapes very early in the walk or very late in the walk. Nothing in the middle.

# Wed 31 Jul East Camberwell - Clifton Hill

<u>Leader</u>: Doug Swinbourne <u>Phone</u>: 0438 881 176

Rendezvous: East Camberwell Station at 9:35 am

Maps: Melway 46, 45, 30, 44, 2D Grading: Easy Distance: 12 km

<u>Transport</u>: Blackburn train departing Flinders Street at 9:17 am, arriving at East Camberwell station at 9:33 am.

Morning Tea: Just past Whitehorse Rd (seating, toilet), 30 mins after walk commences.

<u>Walk Details</u>: Our walk follows the old outer circle rail line under Canterbury Rd. and Mont Albert Rd., then crosses Whitehorse Rd and shortly after stops for morning tea. It then continues along the old rail line to High St. Kew, along a linear park to Hyde Park beside the Eastern Freeway, then under the freeway to join the Main Yarra Trail. We pass under the Chandler Hwy bridge and through Yarra Bend Park, over the pipe bridge and stop for lunch in the amphitheatre near the Fairfield Boathouse (seating with no shelter, toilets and time to fetch a coffee at the boathouse!). The walk continues over Yarra Bend Rd., along Merri Creek to cross Heidelberg Rd and finishes at Clifton Hill Station.

<u>Escapes</u>: Whitehorse Rd.(#109 tram to Box Hill and city), High St. Kew (#302 bus to Box Hill, #48 tram to the city), Heidelberg Rd. (#546 bus to the city).

# **AUGUST PROGRAM**

# Sun 4 Aug Brisbane Ranges - Three Creeks Walk

You must contact the leader if you want to attend this activity.

<u>Leader</u>: Kim Rosen <u>Phone</u>: 0422 804 816

# Mon 5 Aug Baldry Crossing - Long Point

<u>Leader</u>: Jim Smith <u>Phone</u>: 0437 077 532

Wed 7 Aug South Morang - Bundoora

<u>Leader</u>: Gordon Proudfoot <u>Phone</u>: 9717 0909

# Mon 12 Aug Bike Ride- Eltham – Hurstbridge - Eltham

<u>Leader</u>: John Rankin <u>Phone</u>: 0408 373 148

Sixteen Beach parking area on the left off Tasman Drive (not outside the General Store).

Walk Details: This is a very pleasant and scenic walk but some of it is exposed and, depending on the weather, can be windy and cold, so dress accordingly. From Sixteen Beach parking area we join the Morning Peninsula National Park trail and follow it to the St Johns Wood Road exit. We then follow the track beside St John Wood Rd to the bay side of the Peninsula to Blairgowrie (toilet). We then walk along the front to Rye, where we will have lunch (toilet). From there we follow the path beside Canterbury Jetty Rd to rejoin the National Park trail and return to Sixteen Beach Car Park.

# Mon 22 Jul Easy Metro: Glen Waverley – Jells Park – Glen Waverley

Leader: Oliver Lucas Phone: 0451 957 821

Rendezvous: 9.40 am Glen Waverley station

Maps: Melway 71, 72 Grading: Easy Distance: 9 km

Transport: 9.04 am Glen Waverley train ex Flinders Street station, arriving Glen Waverley 9.39 am

Morning tea: Hinkler Reserve (Melway 71 E2); no toilets

Walk details: A street walk to Hinkler Reserve then more walking to Jells Park. We follow a path towards the Visitors Centre for lunch (toilets). We finish at either one of two bus stops, to be decided on the day depending on where Members wish to go and/or on current train problems.

Escapes: No escapes are feasible once in Jells Park.

# WED 24 Jul Williamstown Beach to Altona Pier

Phone 0477 648 528 Leader: John Ackerman

Rendezvous: Williamstown Beach Station at 9.45 am

Maps Melway 56, 55 & 54 Grading: Easy and Flat Distance: 9 km

Transport: 9:20 am Williamstown train ex Flinders Street arriving at Williamstown Beach at 9:44 am

Morning Tea: Williamstown Botanic Gardens. Any walker missing the train will find us by turning left on Railway Crescent then right on Gifford Street to the next roundabout

Walk Details: Very pleasant walk in good weather following the coastline and taking in beaches and saltbush country.

# Sun 7 Jul Mt Donna Buang – Walter Briggs Hut – Boobyalla Track

# You must contact the leader if you want to attend this activity.

Leader: Trevor Rosen Phone: 0412 136 124

Rendezvous: 9.30 am at the Rainforest Gallery, Acheron Way, Mt Donna Buang. Car parking is available as well as toilets. We will leave some cars here and then drive to the summit of Mt Donna Buang in the remaining cars. The walk will commence from the Summit.

Grading: Medium Distance: 12 km

Transport: Private car.

Walk Details: The walk initially is off track down through the bush and the rainforest to the Walter Briggs Hut where we will have morning tea. After exploring the hut and the immediate surrounds we will retrace our steps up to an access track which will lead us to the Boobyalla Track. This track, previously very overgrown, has been recently cleared by members of the MWC and two other clubs working with the local Park Rangers. The Boobyalla Track climbs gently over Mt Boobyalla and then descends to a saddle and another Access Track. Road 4. The walk continues down Road 4 to the Acheron Way and back to the cars at the Rainforest Gallery. This is a very pretty walk.

It is advisable to wear long trousers and gaiters (if you have them). Poles will be useful on the off-track section. Bring an extra water bottle.

Afternoon Tea: At the Three Sugars Café, Warburton.

# Wed 10 Jul Christmas in July mid-year lunch

# For booking purposes please contact Jenny Hosking no later than Friday 5 July if you are attending the lunch.

Leader: Jenny Hosking Phone: 0423 627 232

Rendezvous: 9.45 am Frankston Station. Leader will meet the train.

Morning Tea: 10.15 am Frankston foreshore

Maps: Melway 99, 102 Grading: Easy Distance: Approx 7.5 km

Transport, Walk & Lunch: 8.38 am Frankston train ex Flinders St, arriving Frankston Station 9.45 am.

Transport, Lunch only 10.57 am Frankston train ex Flinders St, arriving Seaford Station at 11.57 am. Seaford RSL is along the Railway line opposite Seaford Station (Melway 99 E3).

Walk Details: An easy walk following the Kananook Creek to Seaford RSL for lunch at 12 noon.

<u>Lunch:</u> Booked at Seaford RSL for 12.00 noon. Christmas in July lunch menu for Seniors \$28 (1 course), \$31 (2 courses), \$34 (3 courses). (*Correct at time of printing*) Other Senior menu dishes approx \$22.50 <a href="https://seafordrsl.com.au/wp-content/uploads/menu.pdf">https://seafordrsl.com.au/wp-content/uploads/menu.pdf</a>

#### Sun 14 Jul Cranbourne Botanic Gardens

You must contact the leader if you want to attend this activity.

Leader: John Gates Phone: 0428 761 644

Rendezvous & Morning Tea: Australian Garden car park at 10:00 am.

Maps: Melway 133 F10 Grading: Easy Distance: 8 km

<u>Transport</u>: Private car. Take the South Gippsland Highway from Melbourne through Cranbourne, past the horse racing track for about 2 km then right into Bullarto Road East. Continue straight ahead through the main entrance to the Botanic Gardens and follow signs to the Australian Gardens car park. There are toilet facilities at the Visitors Centre where coffee can also be obtained and where we can have morning tea.

<u>Walk details:</u> From the Visitors Centre we can walk clockwise around the Australian Gardens, enjoying the flora, landscaping, art and architecture. From here we walk back toward the car park then turn left toward the Woodland Walk. Following Wylies Creek Track we pass open grassland and then to the Wetlands Walk where Wallabies are often sighted. We swing right into the Manna Walk which leads to the Stringybark Picnic Area for lunch. Toilets and tables available. We take the northern leg of Manna Walk and onto Possum Gully track which leads to Trig Track climbing to Trig Point Lookout. Here we have views out to both bays. We then follow the signs for 400 m back to the Visitors Centre for afternoon Tea.

# Mon 15 Jul Heatherdale - Dandenong Creek - Jells Park

<u>Leader</u>: Doug Swinbourne <u>Phone</u>: 0438 881 176

Rendezvous: Mitcham Station at 9:30 am (toilets in the waiting room)

Maps: Melway 49,62,63,71 Grading: Easy Distance: 12 km

Transport: Belgrave train departing Flinders Street at 8:56 am, arriving

Mitcham station at 9:26 am.

Morning Tea: Simpson Reserve (undercover seating, toilet)

Walk Details: The walk proceeds downhill to Simpson Reserve for morning tea, then essentially level walking along Heatherdale Creek and Dandenong Creek. After crossing High St.Rd. there is a short hill climb to Norton's Park for lunch (covered seating, toilets), from which there are good views of the surrounding area and the Dandenongs. After lunch the track again follows Dandenong Creek through pleasant flat land with many magnificent trees, finally arriving at Jell's Park. At the Visitor's Centre there are toilets, then the walk ends at Jell's Rd meeting the #754 bus to Glen Waverley.

Escapes: Boronia Rd (bus #738), Burwood Hwy (bus #736), High St. Rd (bus #736-7).

# 3rd Wed 17 Jul Eley Park, Burwood

<u>Leader</u>: Bruce Armstrong <u>Phone</u>: 0416 758 204

Rendezvous: 10.45 am at Eley Community Centre.

Map: Melway 61 H4 Grading: Easy Distance: am 4.8 km; pm 2 km

<u>Transport</u>: 9.35 am Vermont South Tram #75 ex corner Flinders/ Swanston St City, arriving stop #68 (Benwerrin Reserve/Burwood Hwy) at 10.24 am. Leader will meet this tram. Cross road at traffic lights and walk along Royton Street to Eley Park.

Morning Tea: 10.40 am in Eley Park (toilets).

<u>Walk Details</u>: A pleasant walk with walking tracks (and some streets) to Wurundjeri Walk and wetlands returning to Eley park for Lunch. Walk after lunch (optional) is around Eley Park.

# Sun 21 Jul Sixteen Beach Circuit, Rye

You must contact the leader if you want to attend this activity.

Leader: John Rankin Phone: 0408 373 148

Rendezvous & Morning Tea: 9.30 am, Sixteen Beach General Store, Cnr Tasman Drive and Marcia Ave, Rye (Melway 167 J9). Excellent coffee! There are no toilets but a toilet will be available early in the walk (at the Leader's house). We'll begin the walk at 9.45 am from the Tasman Drive carpark.

Maps: Melway 167 & 157 Grading: Easy Distance: 11 km.

<u>Transport</u>: Private car. If coming from Melbourne, at the end of the Mornington Peninsula freeway, at the second roundabout, turn left into Boneo Rd and follow it to Browns Rd. Turn right and follow Browns Rd (there is a dogleg at Truemans Rd) until it becomes Tasman Drive. Park in the